



October 28, 2020

## COVID-19 Update

**Dobson, NC—10/28/20—**Surry County Health and Nutrition Center would like to encourage residents to assist us in slowing the spread of COVID-19. Surry County is following suit with state and national COVID-19 trends moving in the wrong direction. As of today, October 28, 2020 at 10:00 am, there are 249 active cases of COVID-19 in Surry County. This is the highest number of active cases that we have reported since the pandemic began in March.

On October 21, 2020, Governor Roy Cooper announced that North Carolina would remain paused in Phase 3 for an additional three weeks due to the increased trajectory of cases and hospitalizations. The increase can be partially attributed to COVID-19 clusters arising from social events, family gatherings, weddings, and funerals.

While we cannot pinpoint a single source of transmission of COVID-19, it is evident that we currently have vast community spread. It is essential to remember our goal of protecting our friends and loved ones from COVID-19 by practicing the 3Ws!

- Wear a face covering over your nose and mouth
- Wait 6 feet apart
- Wash your hands frequently

Research suggests that the risk of infection if exposed to someone with COVID-19 decreases by:

- 85% with social distancing
- 77% by always wearing a mask
- 76% by duration of contact  $\leq$  15 minutes
- 67% by frequent handwashing

If you are symptomatic or if you think you have been exposed to COVID-19, please get tested. Stay home when you are sick, and support those around you to do the same! To stay up-to-date on COVID-19 in Surry County please visit us at <https://www.co.surry.nc.us/coronavirus.php>.

We are thankful for the opportunity to serve and protect!